Middle School

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| Registration/Team Warm Ups | 8:45 |
| Welcome | 9:00 |
| Sprint | 9:10-9:55 (40 minutes plus 5 minutes directions and collection) |
| Target | 9:55-10:30 (30 minutes plus 5 minutes for directions and collection) |
| Break/Snack | 10:30 – 10:50 (15 minutes plus 5 for transition) |
| Team | 10:50-11:15 (20 minutes plus 5 minutes for collection) |
| Lunch | 11:15-11:45 |
| Countdown/Ciphering | 11:45-12:30 (30 minutes of ciphering questions plus 15 minutes for directions and transitions) |
| Break (if needed) | Tallying Scores Time  Team Math Activity |
| Awards | 12:45-1:00 (may be slightly later based on the flow of the day) |